## **Overview**

Walnut Street Center Inc. is a non-profit human services agency that provides comprehensive supports to adults with intellectual disabilities. The center was founded in 1970 by a community of parents seeking services for their own children, and has grown to include the current services: 24 Hour Residential, Individual Support (less than 24-hour residential), Community Based Day, Day Habilitation and Employment Support Programs. WSC serves 150 people annually.

Walnut Street Center continues to provide a family approach to its services, ensuring that all individuals receive the highest quality services and are treated with dignity and respect. Walnut Street treats each person as an individual and recognizes this individuality through person centered planning.

In 2017, the center became part of a new service area, which includes Everett, Malden, Lynnfield, Medford, Melrose, Reading, North Reading, Saugus, Stoneham, and Wakefield, MA.





With 17 physical sites, housing 22 programs in our Residential Program network, Walnut Street Center serves individuals with a range of needs and abilities. An array of leisure and social activities, nutrition and exercise consultation, and support groups are available to all individuals. All services are individualized and person centered.

Our Residential Programs provide a variety of living options within the community, including independent-living arrangements (less than 24/7), and fully staffed homes (24/7). Our programs include medically intensive services, Alzheimer's care, dual diagnosis, Autism, Dementia and behavioral programs.

## INDIVIDUAL SUPPORT

The Individual Support living arrangements provide support needed by adults with intellectual disabilities to live on their own in an independent living situation in a private home in the community. With the help of a case management staff, they are able to receive assistance as needed while also obtaining the highest level of independence. Each individual is viewed holistically and we empower each person to achieve their identified personal goals and desires.

## **24-HOUR SUPPORT**

Walnut Street Center offers individuals residential options tailored to their specific needs. One of these living arrangements includes private residences that are integrated within the community but are staffed with 24/7 residential support. These homes house multiple adults, each with their own private bedroom, but with the ability to have the socialization and support of their peers and at least one staff member on site any time residents are present. Some homes are completely accessible.

## Individuals receive assistance with managing and carrying out:

- Day to day living
- Medical necessities
- Appointments and treatments
- Entitlements + benefits
- Additional support workers
- Recreational activities
- Skills development
- Financial management



