Overview

Walnut Street Center Inc. is a non-profit human services agency that provides comprehensive supports to adults with intellectual disabilities. The center was founded in 1970 by a group of parents seeking services for their own children, and has grown to include: 24 hour residential, individual support, community-based day, employment support, and day habilitation. WSC serves more than 150 people annually.

Walnut Street Center provides a holistic, whole-person approach to its services, ensuring that all individuals are treated with dignity and respect. Walnut Street treats each person as an individual and recognizes this individuality through person centered planning.

In 2017, the center became part of a new service area, which includes Everett, Malden, Lynnfield, Medford, Melrose, Reading, North Reading, Saugus, Stoneham, and Wakefield, MA.

WSC Walnut Street Center WAKING LIFE MOR



Walnut Street Cente 291 Mystic Avenue Medford, MA 02155

wscinc.org

For more information contact **Jay Hayston Director of Day Services** 617.629.3430 haystonj@wscinc.org

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DAY HABILITATION

Walnut Street Center's Day Habilitation Program provides habilitative medical, therapeutic, and behavioral services to adults with intellectual and developmental disabilities. Professional staff include a full-time nurse and full-time behaviorist, as well as weekly services from physical, occupational, and speech therapists. Goal development focuses on activities of daily living, assisting individuals to maximize their functional independence. Individuals spend time each day working on a variety of skills such as preparing a simple meal, tying one's shoes, or managing difficult emotions. Walnut Street Center's new facility has dedicated spaces for art, music, culinary, and horticulture activities. The goal of WSC's Day Habilitation Program is to support skill acquisition and development in a safe and caring environment.

COMMUNITY BASED DAY PROGRAM

Walnut Street Center's Community-Based Day Program fosters opportunities for learning, volunteering, and participation in our area communities. Serving adults with intellectual and developmental disabilities, activities run a wide gamut: from educational trips to area museums and historical sites, to volunteering with a local food bank, to advocacy events at the Massachusetts State House. Activities are developed with individuals served, so that their interests help drive the calendar of events. On-site activities support skill growth and development, with a focus on developing skills that are important to the individual. Community-Based Day programming can be utilized as an active, educational day program, or as a stepping stone on the path toward employment.

EMPLOYMENT SUPPORT PROGRAM

Walnut Street Center's Employment Support Program prepares adults with intellectual and developmental disabilities to obtain and maintain employment in their local communities. This process starts with an interest inventory and job category assessment, and continues through soft skill acquisition, resume development, and interview preparation. This might involve soft skills workshops, volunteering, and/or group work opportunities, as steps on the path toward employment readiness. Recognizing that each professional journey is different, the Employment Support Program can accommodate those for whom community-based competitive employment is a longer-term goal. Once an individual obtains employment, the program flexibly supports their position via on-site job coaching and wraparound case management.

GO TO WSCINC.ORG FOR MORE INFO ON OUR SERVICES, SUCH AS...

INDIVIDUAL SUPPORT SERVICES RESIDENTIAL SERVICES CASE MANAGEMENT SHARED LIVING