

Overview

Walnut Street Center Inc. is a non-profit human services agency that provides comprehensive supports to adults with intellectual disabilities. The center was founded in 1970 by a community of parents seeking services for their own children, and has grown to include the current services: 24 Hour Residential, Individual Supports (less than 24-hour residential), Community Based Day, Day Habilitation and Employment Supports Programs. WSC serves 150 people annually.

Walnut Street Center continues to provide a family approach to its services, ensuring that all individuals receive the highest quality services and are treated with dignity and respect. Walnut Street treats each person as an individual and recognizes this individuality through person centered planning.

In 2016, the center became part of a new service area, which includes Everett, Malden, Lynnfield, Medford, Melrose, Reading, North Reading, Saugus, Stoneham, and Wakefield, MA.



Walnut Street Center

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For more information contact

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WSC

Walnut Street Center

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Overview of Services
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DAY HABILITATION

Adults with intellectual disabilities who take part in the Walnut Street Center Day Habilitation program have full access to all the services offered at Walnut Street Center. This includes intensive medical, behavioral, and therapeutic services with nurses available for medical monitoring and physical, occupational, and speech therapies. There is support for all activities relating to daily living, as well as skill building with a focus on achieving personal goals while fostering independence. Additionally, Walnut Street Center has brand new facilities for art, music, culinary and horticultural activities. It is the goal of the Walnut Street Center Day Habilitation program to help every individual learn and develop new skills in a safe and caring setting.

INDIVIDUAL SUPPORTS

The individual supports living arrangements provides support needed by adults with intellectual disabilities to live on their own in an independent living situation in a private home in the community. With the help of a case management staff, they are able to receive assistance as needed while also obtaining the highest level of independence. Each individual is viewed holistically and we empower each person to achieve their identified personal goals and desires.

EMPLOYMENT SUPPORTS

Through Walnut Street Center's Employment Supports Program adults with intellectual disabilities are able to obtain and build skills needed to find employment, and with related activities leading to gaining employment, like obtaining and

completing applications, attending interviews, and becoming familiar with expectations on the jobsite. The Employment Supports Program provides employment through contracted work and through community based employers. Even if securing a job is not an ultimate goal, Walnut Street Center can work with an individual on an ongoing basis on job-readiness skills. The skills necessary for employment like social skills, expectations in the job force, appropriate interaction, and more, can be beneficial for individuals to work on throughout life. If employment is secured, the Employment Supports Program offers continual additional training and support throughout.

INDIVIDUAL SUPPORTS

The Individual Supports living arrangement allows adults with intellectual disabilities the chance to live on their own in an independent living situation in a private home in the community. With the help of individual support staff, they are able to receive help for a minimal number of hours each day, as needed, for support with daily living activities, while also obtaining the highest level of independence. Each individual is viewed holistically and we empower each person to achieve their identified personal goals and desires.

Individuals receive assistance with managing:

- Appointments + treatments
- Transportation
- Entitlements + benefits
- Additional support workers
- Recreational activities
- Financial management
- Landlord relations + housing

RESIDENTIAL SERVICES

With 17 physical sites, housing 22 programs, in our Residential Program network, Walnut Street Center serves individuals with a range of needs and abilities. An array of leisure and social activities, nutrition and exercise consultation, and support groups are available to all individuals. All services are individualized and person centered.

24-HOUR SUPPORT

Walnut Street Center offers individuals residential options tailored to their specific needs. One of these living arrangements includes private residences that are integrated within the community but are staffed with 24/7 residential support. These homes house multiple adults, each with their own private bedroom, but with the ability to have the socialization and support of their peers and at least one staff member on site any time residents are present. Some homes are completely accessible.

Individuals receive assistance with managing and carrying out:

- Day to day living
- Medical necessities
- Appointments + treatments
- Entitlements + benefits
- Additional support workers
- Recreational activities
- Skills development
- Financial management

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