



Day Services

Walnut Street Center believes that every individual has the ability to learn and develop new skills. We put the individual at the center of the planning process when determining program and service plan. Our programs are tailored to meet the current level of each individual and provide them the supports needed to reach the goals they set.

OUR DAY SERVICES INCLUDE:

DAY HABILITATION

Walnut Street Center's Day Habilitation program provides habilitative medical, therapeutic, and behavioral services to adults with intellectual and developmental disabilities. Professional staff include a full-time nurse and full-time behaviorist, as well as weekly services from physical, occupational, and speech therapists. Goal development focuses on activities of daily living, assisting individuals to maximize their functional independence. Individuals spend time each day working on a variety of skills such as preparing a simple meal, tying one's shoes, or managing difficult emotions. Walnut Street Center's new facility has dedicated spaces for art, music, culinary, and horticulture activities. The goal of WSC's Day Habilitation program is to support skill acquisition and development in a safe and caring environment.

EMPLOYMENT SUPPORTS

Walnut Street Center's Employment Supports program prepares adults with intellectual and developmental disabilities to obtain and maintain employment in their local communities. This process starts with an interest inventory and job category assessment, and continues through soft skill acquisition, resume development, and interview preparation. This might involve soft skills workshops, volunteering, and/or group work opportunities, as steps on the path toward employment readiness. Recognizing that each professional journey is different, the Employment Supports program can accommodate those for whom community-based competitive employment is a longer-term goal. Once an individual obtains employment, the program flexibly supports their position via on-site job coaching and wraparound case management.

COMMUNITY-BASED DAY

Walnut Street Center's Community-Based Day program fosters opportunities for learning, volunteering, and participation in our area communities. Serving adults with intellectual and developmental disabilities, activities run a wide gamut: from educational trips to area museums and historical sites, to volunteering with a local food bank, to advocacy events at the Massachusetts State House. Activities are developed with individuals served, so that their interests help drive the calendar of events. On-site activities support skill growth and development, with a focus on developing skills that are important to the individual. Community-Based Day programming can be utilized as an active, educational day program, or as a stepping stone on the path toward employment.

For more information on our Day Service Programs, please contact Director of Day Services, Jay Hayston, by phone at 617-629-3430 or by email haystonj@wscinc.org.

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